



VALLEY FORGE PARK ALLIANCE

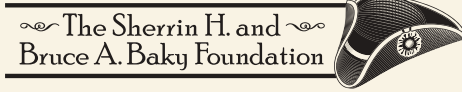
formerly The Friends of Valley Forge Park

UPCOMING HAPPENINGS FROM THE PARK ALLIANCE

OCTOBER 2017

SPEAKER SERIES

SPONSORED BY



First Tuesday of each Month 7 pm Washington Memorial Chapel Suggested donation of \$10 per person
Complimentary reception to follow each talk For more information and a full Speaker Series schedule visit vfparkalliance.org

Tuesday, October 3

Germans Around Valley Forge

Rev. Karl Kreuger, Ph.D.

The American Revolution as seen through the eyes of Pennsylvania's German population.

Tuesday, November 7

Nathanael Greene: Thrice the Savior of the Continental Army

Janet Uhlar

Brigadier General Nathanael Greene's remarkable and indispensable role in the Revolutionary War.

GUIDED BIRD WALKS IN VALLEY FORGE

Tuesdays, October 10 & 24 8 am Meet in the Artillery Park parking lot on East Inner Line Drive

The changing of the seasons mean that some of the species of birds will leave for their winter homes. Don't miss the last guided bird walks in 2017. Visit vfparkalliance.org for updates.



Photo by Greg Hume

TRAIL TUESDAYS & UPCOMING PRESCRIBE-A-TRAIL EVENTS

Weekly walks in the Park 10 am – 11 am All fitness levels welcomed
Wear sturdy shoes Dogs and strollers welcome

Join us in a picturesque setting for a trail walk! Contact Molly Duffy at molly@vfparkalliance.org or call 484-886-5853 to join our walkers list and keep you posted on upcoming walks and cancellations.



NEW! Prescribe-A-Trail ☞ Enjoy a two mile walk while discussing medical question and healthy living ideas

Tuesday, October 3 **Janet Wendle**, MLHS Diabetes Program Manager at Paoli Hospital will discuss diabetes and the benefits of exercise

Tuesday, October 17 **Dr. William N. Duffy**, Penn Personalized Care Physician

PUBLIC STAR PARTIES

Saturday, October 28 6 pm – 11 pm Model Airplane Field Free Event

Join the Delaware Valley Amateur Astronomers star parties where you can use telescopes and binoculars to look for celestial bodies in the night's sky. Star Parties are not held if there are clouds, rain, etc. in the weather forecast. Call 484-238-0960 or visit dvaa.org for more information.



WHOLE FOODS "NICKLES FOR NON-PROFITS"



Join us in being green while helping to support the Alliance. Bring your reusable bags to Whole Foods Market in Devon where you can receive a five-cent credit (*per bag*) on your shopping bill or donate that five cents to the Alliance. Program runs from October through January.